

Individual Support Plan

Form ID: OISP-LINKCSD-E894P5NWZD28V

Status: Approved

Approved By: Julie Hand, Program Specialist on 06/16/2016 07:19 AM

Last Updated By: Julie Hand, Program Specialist on 06/15/2016 01:21 PM

Entered By: Dona Deal, Resource Coordinator on 06/07/2016 01:56 PM

Submitted By: Samantha Hynes, Program Specialist on 06/08/2016 03:20 PM

Individual Name Ryan Blankenship
Does Individual have a Legal Representative/Guardian? Yes (Victoria Blankenship)
ISP Meeting Date 04/29/2017
ISP Start Date 05/01/2017
Date of Birth 12/25/1985
ISP End Date 04/30/2018

What's most important to the Individual:

Ryan was present for his meeting today. He provided active discussion about the things he has accomplished over the past year and goals he looks forward to working towards in the future. He prepared the meeting invitations, chose the location and the date of his meeting.

Ryan is good at drawing and writing. He is also good at working with his hands to fix and build things. Ryan is writing a novel and has interest in learning more about how to improve his writing techniques. Ryan would like to get a driver's license and purchase a vehicle. He is interested in getting a tattoo.

The family members that are most important in Ryan's life are his parents, his sister, Victoria, and his Uncle Alan. Jim and Theresa are his friends that he likes to go bike riding with. Harvey and Neal are two other friends that Ryan enjoys spending time with. Ryan has acquaintances through the groups he is involved in at the Archery Center, St. Joseph Church, the Model Railroad Club and the Old Iron Tractor Society. He goes to the Summit Center several times a week to swim, work out and play basketball with friends.

Ryan likes to decide what he is going to be involved in by learning about activities through other people or in the listings in the Yankton Events Calendar. It is important to Ryan to be well connected and have a presence in the community. He fulfills this through the groups he is a part of, his employment at Culver's, his volunteer work and his participation in community activities. He is able to attend activities in his community without support.

Ryan lists traveling to Branson for a Christmas trip, getting his job at Culver's, increasing his archery skills and making improvements to his bike as some of his biggest accomplishments this past year.

Other things that are important to Ryan are having his own apartment, earning a paycheck and having money to travel, being on time (especially to work), making his own decisions and having the opportunity to sleep in or take naps. He is satisfied with the amount of hours he works at Culver's at this time and has expressed interest in learning how to operate a cash register.

Risks					
Individual is at risk of, or has a risk related to, the following (as identified on the Risk Tracking Record)					
Risk Type	Support Documents	Support Document Information			
		Home		Work	
		Date	Where Kept	Date	Where Kept
Seizures	(MARS and seizure protocol)		Medication book, Therap		Medication book, Therap

Professional Services Individual Uses/Needs						
Name (Responsible Organization)	Contact Type - Type of Specialist	Contact Information	Specific reasons for this specialist	How Often or Due Date	Where to Record	Notes
Dr. Scott Weber	Primary Physician - General Practice	Yankton Medical Clinic 1104 W. 8th Street, Yankton, SD 605-665-8910	annual physical and general medical care	annually and as- needed	Therap	Exam also includes diabetic well check. Continue meds and diabetic diet as prescribed. Lab work done annually or more often as necessary.
Dr. Richard Barth	- Endocrinologist	Sanford Clinic Diabetes and Thyroid 1305 W. 18th Street Sioux Falls, SD 57105 605-328-8700	check Diabetes	every 6 months	Therap	Your A1C was 6.1, with a target of 7 or below. No recommended changes at this time.
Dr. Jerome Freeman	- Neurology	Sanford Neurology Clinic Vermillion, SD 605-555-1234	Seizures	annually	Therap	Blood work to be repeated in 6 months. Return for annual next year. No recommended changes at this time.
Jessie Scott, DDS	- Dentist	1101 Broadway, Suite 105 Yankton, SD 605-665-2448	dental cleanings and exams	every 6 months		return every 6 months. The general condition of your teeth is good. You received a new partial in October 2010.
Kim Cornoyer	- Psychology	Great Plains Psychological Services 401 S. Carnegie Place Sioux Falls, SD 57106 605-323-2345	individual counseling	monthly or as recommended by counselor and team	Therap	Counseling began in 2014.

Does this person have a Nursing Care Plan at home? No

Where Found

Does this person have a Nursing Care Plan at work? No

Where Found

Does this person have a Health/Medical Problem List? Yes

Where Found

Home:Medication book, Therap
Work:Medication book, Therap

Does this person have a Health Care Representative? No

Appointment
date

Where is the document located?

Service Support

Action Plan 1

Desired Outcome	Ryan would like to travel the country so that he can visit family, go to races, and visit national attractions.	Need/Issue	Ryan states that he would benefit from assistance to save money and research and plan trips of interest.
------------------------	---	-------------------	--

Measurable steps that will be taken to reach desired outcome

Description of Measurable Step	Who is Responsible	How Often or Due Date	Where to Record	Notes
Ryan receives assistance from staff to research and plan his trip including saving and budget his money.	For Home:Ryan, Emily and Stephanie For Work: For Other:	ongoing with a target date of 01/2017	Therap S-Comm, checkbook register,	When a trip is planned, Ryan receives assistance with packing his clothes and medications. Ryan has traveled to a variety of places throughout the United States. Some of the trips have involved WWE events, the Daytona 500, NASCAR and Disneyland, to name a few. Ryan has traveled with companies and groups. He has also taken a Greyhound bus on his own to visit his sister in Kansas for Christmas.
Ryan will receive assistance to complete applications with travel companies.	For Home:Helen Maurolis For Work:Jake Herbert For Other:	As needed	Trip Planner	
When a date for Ryan's trip(s) has been determined, he will need to request time off from Culver's	For Home: For Work:Hannah, Job Coach For Other:	Once per trip	Trip Planner	Ryan is required to submit leave requests at work at least two weeks ahead of time. Staff will assist him as needed to complete the requests.

Action Plan 2

Desired Outcome	Ryan has body art for personal expression.	Need/Issue	Ryan has diabetes and needs support to speak to his physician to see if there are any medical concerns that may prevent him from getting a tattoo. He would also benefit from support to research local tattoo artists, their work and the estimated cost of the design he is interested in.
------------------------	--	-------------------	--

Measurable steps that will be taken to reach desired outcome

Description of Measurable Step	Who is Responsible	How Often or Due Date	Where to Record	Notes
Ryan attends a consultation with his physician to discuss potential health risks.	For Home: For Work: For Other:Ryan and staff attending appointment.	03/2016	Medical record form	
Ryan researchs local artists' work and talks to them about the process and to get his specific questions answered.	For Home:Ryan and Stephanie For Work: For Other:	ongoing with a target date of 01/2017	Therap S-comm	Ryan would seriously like to work towards this as a long term goal and doesn't necessarily expect it to be completed within the next year.
Ryan obtains estimate of the design he would like to get and creates a savings plan.	For Home:Ryan and Stephanie For Work: For Other:	04/2016	S-comm, Checkbook register	Ryan's first choice would be to get a tattoo in memory of Dale Earnhart, Jr.

Action Plan 3

Desired Outcome	Ryan obtains his driver's license by January 2017.	Need/Issue	Ryan had a learner's permit in the past, however, he did not have a chance to take the driving portion of his exam before his learner's permit had expired.
------------------------	--	-------------------	---

Measurable steps that will be taken to reach desired outcome				
Description of Measurable Step	Who is Responsible	How Often or Due Date	Where to Record	Notes
Ryan studies his exam manual and takes practice exams on the Internet.	For Home:Ryan and Stephanie For Work: For Other:	at least twice monthly	Therap S-comm	
Ryan takes and passes his test, obtaining a learner's permit.	For Home:Ryan and Stephanie For Work: For Other:	once or until passed	S-comm	
Ryan uses the driving simulator at ABC to practice his driving skills.	For Home: For Work: For Other:Ryan and Stephanie	once weekly	S-comm	
Ryan contacts the DMV and other entities to see if there is a driving instructor available for instruction in practice driving after he obtains his learner's permit.	For Home: For Work: For Other:Ryan and Sam	once, then based on schedule of practice driving	S-comm	
Ryan takes his driving portion of the exam and passes it to obtain his driver's license.	For Home: For Work: For Other:Ryan and Stephanie	once or until he passes	Progress notes	Ryan has a long term goal of purchasing a vehicle after obtaining a driver's license. He is interested in a light or medium duty pickup.

Action Plan 4

Reason for Employment/ATE Services Planning

I am making a plan to maintain or improve my current job.

Desired Outcome Ryan works part-time in the community.

Need/Issue

Ryan began his employment with Culver's Restaurant in the fall of 2015. He enjoys his current employment. He is interested in learning how to work the cash register to increase his value as an employee at Culvers.

Measurable steps that will be taken to reach desired outcome				
Description of Measurable Step	Who is Responsible	How Often or Due Date	Where to Record	Notes
Ryan learns to count money to increase his options for community employment.	For Home: For Work:Ryan and Emily For Other:	weekly with a target date of 01/2017.	Therap S-comm	Ryan uses a money counting program/cash register on-line to practice.
Ryan works with the cash register at Culvers to increase his skill.	For Home: For Work:Ryan and Emily For Other:	as soon as opportunity is available	S-comm	
Ryan discusses any work issues he has with Supported Employment staff.	For Home: For Work:Ryan and Emily For Other:	on-going	Therap S-comm, T-Logs, GERs	Supported Employment staff check in with Ryan regularly at Culvers for any assistance required, additional training needs or other issues that arise. Communication occurs as-needed with Ryan's team if additional supports or modifications are necessary.

Ryan has appropriate grooming.	For Home:Ryan and Stephanie For Work: For Other:	daily	Therap t-logs	Ryan receives reminders to have good grooming and hygiene and to do his laundry.
--------------------------------	--	-------	---------------	--

Discussion Record			
Need/Issue	Discussion	Decision	Related to Action Plan
Diabetes	Ryan was diagnosed with Diabetes in 2013. He has instructions from his physician to follow a diabetic diet and monitor his blood sugars as prescribed. He attended Diabetic Education classes in 2013 where he learned suggestions and recommendations of how to manage his blood sugar through diet and meal planning.	Ryan has expressed the desire to have assistance with menu planning, grocery shopping for healthy choices, and checking his blood sugar levels.	
Counseling	Ryan attends counseling monthly or as recommended by his counselor. He discusses concerns and issues that he has.	Ryan is reminded the day before an appointment to ensure he has his day clear and that he has cash with him if needed. ABC staff transport Ryan to these appointments.	
Safety Hazard of too many cords plugged in.	Ryan has the tendency to have too many items or too many cords plugged into one outlet, therefore, resulting in a fire hazard.	ABC staff provide verbal reminders to Ryan and complete visual checks to ensure he does not have too many cords plugged in to any one outlet and that he is using surge protectors to prevent fires.	
Weight	Ryan weights himself monthly to help toward staying healthy.	The results are documented on the MAR and in Therap.	
Maintain clean apartment and complete laundry.	Ryan benefits from verbal reminders to clean his apartment daily and remove clutter. Ryan has a cleaning person that comes to assist him with deep cleaning twice a month. Ryan has verbal reminders to complete his laundry in a timely manner to prevent odor in his apartment.	The combination of verbal reminders and having a cleaning person come in on a regular basis works well the majority of the time for Ryan.	
Safe biking skills	Ryan uses his bike to get to work and for leisure. To address safety, Ryan wears a helmet, an orange vest and has a light on his bike.	Ryan has reminders as-needed to follow these safety precautions.	
Representative payee	ABC is the Social Security Representative Payee for Ryan. He is assisted with his Social Security funds per Social Security guidelines.	Ryan assists with bill paying and budgeting out of his Representative Payee account. He mails his bills or drops off checks when they are paid. Ryan has access to his account balance at any time. He assists with the reconciliation of his register after each check is written.	
Apartment	Ryan lives by himself in an apartment that has staff onsite several hours a day and overnight. He has a cell phone as well as a landline and phone numbers he can use to contact support staff if he has any needs. He feels safe in his environment.	Ryan continues to have interaction with support staff every 12 hours or more frequently due to his medication administration or general needs. Ryan states he sees his support staff daily and usually talks to them on the phone daily as well.	

External Attachment

Change Approval Process

Team members will be contacted to obtain verbal approval for all changes to the ISP or Support Document(s).
