

## Personal Focus Worksheet

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Person Receiving Services: Ryan Blankenship

Start Date: 01/01/2017 End Date: 12/31/2017

### Section I : Describes what is important to this person from his/her perspective

#### Question 1. Describe the relationships in this person's life:

Ryan is very close with his mom and dad and visits with them weekly. He has several close friends that he enjoys hanging out with at the archery center. Ryan goes biking a few times a month with his neighbors Jim and Theresa. Ryan has a sister who he only sees 1-2 times a year.

#### Agenda Question: *Are there any relationships that should be developed or changed?*

Ryan has mentioned that he would like to see his sister more often. Ryan attends St Joseph church and would like to participate in a bible study as a way to get to know some of the other men that attend.

#### Question 2. Describe what this person enjoys and list his/her interests:

Ryan is currently an active member of the Model Railroad Club, St Joseph Church, and the NFAA. He is able to attend activities in his community without support.

#### Agenda Question: *Which of these interests are not happening as much as the person would like? From the team's perspective, which of these interests, if any, need to be limited?*

Ryan would like to attend more meetings of the Model Railroad Club. Due to the fact that the club meets at the same time Ryan is working he is not able to attend as many meetings as he would like. There are no limitations in this area.

#### Question 3. Describe what this person dislikes:

Ryan dislikes hanging out with some of his neighbors "as they create drama".

Ryan does not like:

- \* when people bang on his door
- \* people who are impatient, talk too much, are impatient or pushy

#### Agenda Question: *Which of these dislikes needs to be explored, changed or stopped?*

Ryan does well avoiding people that he does not want to spend time with.

Staff matching should be explored further.

#### Question 4. Describe what this person wants to accomplish in the future:

Ryan would like:

- \* A tattoo
- \* To get his drivers license, purchase a car, and take a road trip
- \* Continue to work part time in the community

#### Agenda Question: *What steps could be taken over the next ISP period to move toward these goals?*

- \* Takes a drivers class, and complete practice tests
- \* Research the costs associated with owning a car and develop a budget
- \* Work with a tattoo artist to create his next tattoo

**Question 5. List and describe what is most important to this person from his/her perspective:**

- \* Model railroad, antique cars, tractors
- \* Good friends Jim and Theresa
- \* Being on time especially to work
- \* Having his own apartment/space
- \* Riding bike - transportation and enjoyment
- \* Family (mom, dad, sister) and visiting sister during the holidays
- \* Watching WWE
- \* Having money to travel, getting a paycheck
- \* Archery
- \* attending church
- \* making own decisions
- \* Sleeping in and naps

**Agenda Question: *What is most important to this person that is not happening or needs to be strengthened?***

Ryan would like to see his sister more often. Ryan would also like to get to know more people at church. Ryan should be made aware of any changes to his schedule ahead of time.

**Section II : Describes what is happening in this person's life from anyone's perspective**

**Question 6. Describe what people like and admire about this person:**

- Good sense of humor
- Great smile that is contagious
- Friendly
- Very polite, a true gentleman
- Great knowledge about planes, trains, cars and tractors
- Good friend and neighbor
- Creative
- resourceful
- Likes to make sure everyone is involved and nobody feels left out
- Good cook
- Has many different interests
- Dedicated to being involved in keeping nature clean (volunteering for city clean up projects)
- Always tries to be happy and positive

**Agenda Question: *Could any of these qualities be strengthened?***

With diabetic diet Ryan would like to expand on his cooking skills.

**Question 7. Describe how this person interacts socially with others:**

Ryan enjoys going to many places in his community. He enjoys shopping at Wal-Mart, K-Mart and the Dollar Tree. He enjoys going to Subway to eat out. He also likes to go to Train club as well as the archery center every week. Ryan attends bible study every week. Ryan is currently employed at Culver's Restaurant. He enjoys going to the library and attending special events in his community. Ryan states that he feels he present when he shops and eats out at local restaurants. Ryan feels that he is actively participating in the community and people are starting to know who he is and what his interests are. He states that he is missed when he is not there and he misses others.

**Agenda Question: *Does anything about this person's social interactions need to change or be***

*enhanced?*

Ryan discusses that he is currently satisfied with his community involvement, he decides how often to go and when to go. Ryan states that if he would like to be more connected or needs help to be connected he can talk to staff.

**Question 8. Describe any of this person's spiritual, religious, and/or cultural considerations:**

Most weeks Ryan attend St Joseph's church. In addition to attending Sunday services Ryan has started attending a men's bible study.

**Agenda Question:** *Are there any spiritual, religious, or cultural considerations that need to change or be enhanced?*

Ryan has just started attending the men's group at the church in an effort to get to know more people at the church.

**Question 9. Describe this person's living arrangements:**

Ryan currently lives in his own apartment without a room mate. He has support in a level 2 supervised apartment setting. Ryan lives in a complex that has staff on site through the night hours and for limited hours during the day. Ryan has access to phone numbers to reach staff during the day or if they are off-site and he has needs. He is able to be home for 24 hours without supervision but usually has contact that he or staff initiate every 12 hours via phone or in person. Ryan has demonstrated that he has knowledge of when to call emergency services and what to do in case of a storm, illness, injury or fire. Ryan has a landline and also has a cell phone that he is able to access without difficulty.

**Agenda Question:** *Is there anything about this person's living arrangements that needs to change or be enhanced?*

Ryan has mentioned that sometimes other people in the apartment building cause drama. other than that Ryan has said he likes where he is living he likes having his own apartment without a roommate.

**Question 10. Describe this person's employment/alternative to employment program/school:**

Ryan is a valued team member at Culver's restaurant and also a valued member at the Model Train Club. He has had several jobs in gardening and janitorial. He has completed employment classes and is able to complete applications and interviews with minimal assistance. Ryan had worked a seasonal position at Menards. He worked in the garden center three or four times a week. There were some identified issues at Menards with Ryan needing several reminders to stay on task while he was at work. At the end of the seasonal employment, Menards was not certain that Ryan would be able to come back and work in 2016. Ryan discussed with his team that he was also unsure if he wanted to return to work at Menards in the future and said that he would prefer to think about this seasonal employment until it restarts in the summer.

**Agenda Question:** *Is there anything about this person's employment/ATE program/school that needs to change or be enhanced?*

Ryan's long term goals include:

- \*To work shorter shifts several days a week
- \*Working with people 'that make it great' that appreciate Ryan and his talents
- \*To work at the same place for an extended period of time
- \* No seasonal work unless it is to supplement regularly scheduled hours that are consistent

Ryan does not want:

- \* Ryan has discussed with his team that he prefers not to do any jobs that involve cleaning.
- \* He doesn't like working at jobs that have him 'on his feet and not moving all day long'
- \* Ryan states that he doesn't like working outside in the heat
- \* He does not wish to go in to work too early in the day (9am on is ok)

\* Ryan prefers not to work at jobs in atmospheres that are too busy or with too much going on to draw his attention away from his task at hand

Ryan and his job coach need to revisit if he wants to work seasonally in the garden center at Menards this summer.

**Question 11. Describe how this person communicates and the supports he/she needs with communication:**

Ryan communicates verbally with staff if there is something that he needs. Ryan uses his cell phone to get in contact with staff when needed. There are no support needs in the area of communication.

**Agenda Question:** *Are there any supports that could change or be enhanced that would improve this person's ability to communicate with others?*

N/A there are no concerns or support needs in the area of communication.

**Section III : Describes what is important for this person from the perspective of those who know and care about this person**

**Question 12. Describe what is needed for this person to be healthy and safe:**

Preventive health care, doctor appointments  
 Eating healthy foods, cooking healthy meals himself  
 Following diabetic diet  
 Medications, especially to control seizures and Diabetes  
 Having staff document when I take my medications and take my blood sugar  
 Daily blood sugar checks per doctor's instructions  
 Using safe biking skills – helmet, orange vest and light on the bike  
 Safe use of the Internet  
 Having staff available around the clock in person or via telephone  
 Exercise  
 Keeping apartment door locked

**Agenda Question:** *Does anything about these supports need to change or be enhanced?*

\*Reminders to keep apartment clean, do laundry etc.  
 \*Remind Ryan of the importance of being neat, clean and looking nice.  
 \*Supports to be enhanced include assisting Ryan in finding new and interesting recipes that follow a diabetic diet.

**Question 13. Health Information:**

Follows a diabetic diet  
 Takes medications to control seizures and Diabetes  
 Staff document when Ryan takes medications and blood sugar  
 Daily blood sugar checks are completed per doctor's instructions.  
 Continuing counseling as recommended Ryan's physician and team.

**Question 14. Describe any supports this person needs to participate in activities that are important to this person:**

Ryan uses his bike to get to and from work, the train club, and the archery center. During winter months when it is snowing or there is ice on the road Ryan may need some assistance getting to his activities. The train club sometimes meets during times that Ryan is working. Ryan may benefit from some support when talking to his manager about his schedule and prioritizing the activities that he wants to participate in.

**Agenda Question: *Does anything about these supports needs to change or be enhanced?***

Ryan may benefit from some support learning different bus routes to get where he wants to go when he cannot take his bike. In addition it is Ryan's goal to take his driving test and to get a car, Ryan would benefit from support to take his driving test and to save for a car.

**Section IV : Describes what would enhance this person's life from anyone's perspective****Question 15. What could improve this person's ability to be independent?**

Ryan has diabetes and would benefit from some support to manage his diabetes and other health issues independently. Otherwise Ryan lives independently, he gets to and from work and other activities without support, and has a job in the community. Ryan meets with his SE DSP weekly and discusses his job, grooming requirements and works on his supports.

**Question 16. How could this person be more involved in activities or events in his/her community?**

Ryan is already very active in the community. Ryan states that he feels he present when he shops and eats out at local restaurants. Ryan feels that he is actively participating in the community and people are starting to know who he is and what his interests are. He states that he is missed when he is not there and he misses others.

**Question 17. What would improve this person's ability to increase his/her income?**

Ryan meets with his job coach discusses his job, grooming requirements and works on his supports. He is currently working on a support that involves learning to count money and use a cash register online to help increase his skill in case he would have the opportunity to advance his skills at Culver's.

**Question 18. What would improve this person's ability to contribute to his/her household and/or community?**

Ryan is learning how to count money. This will be e benefit both in managing personal finances as well as exploring other options for employment at Culvers like running the cash register.

**Question 19. What does this person want to learn?**

Ryan would like to learn to drive a car. Ryan should be supported to study for the written exam. Ryan would also like to increase skills in money management so that one day he can run the cash register at Culvers.

**Question 20. What does this person need to learn?**

Ryan needs to learn some bus routes so that he can get to work when he is not able to take his bike.

**Section V : Describes any conflict between important to and important for this person from anyone's perspective****Question 21. Describe any areas of conflict between health and safety supports and what is important to this person:**

Ryan currently follows a diabetic diet. Ryan is also working at a fast food restaurant. Ryan health and his job are both very important to him. A few times a week Ryan forgets to pack his lunch for his work shift and eats at the restaurant. The options at the restaurant do not follow the diabetic diet.

**Section VI : Comments**

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**Question 22. Describe any additional comments:**

**People who contributed to this Personal Focus Worksheet**